## Clutter Free Questionnaire

## Clutter Free by Busy Bee-Hive Hacks

- 1) Scenario: You buy new glasses for your kitchen. What do you do with the previous glasses?
  - a. Throw them out! I bought enough glasses; I don't need to keep my old ones around.
  - b. Toss them in a Goodwill pile. They'll make their way out of the house eventually.
  - c. Sell them online! There are a few chips, but I'm sure someone will want them.
  - d. Keep them. You can never have too many glasses. Who cares that my cupboard can't close without a bungee cord and some artful stacking?

If you answered A, congratulations! You are a clutter free expert. Goodwill is a noble option, but futile if it turns into a basement pile with no delivery date. The same goes for selling online. It's okay to let go of the old and fly towards the new! If it's time for new glasses, or any other household items, take the opportunity to toss the timeworn Tupperware with no lids and welcome a (selective) swarm of shiny sweet peace into your hive.

- 2) Scenario: You decide to organize your closet. How do you go about it?
  - a. Buy new organizational bins! You can't organize anything without matching baskets.
  - b. Jump right in, work for half an hour, then get distracted trying on cute outfits!
  - c. Make a list of all the things you need to sort through, then procrastinate. Life's stressful enough without extra lists. The closet functions as is.
  - d. Pick up all the clothes off the floor and leave the rest. In fact, throw everything in the laundry basket, even if it isn't dirty.

Believe it or not, none of those are very effective... surprising, I know! To set yourself up for success, set aside time where you can give your space undivided attention. You don't need an abundance of time. Dedicate when and where you can. Create piles for yourself: keep, donate, throw away. It sounds simple, but the key is to be completely willing to let go of belongings that you no longer need or use. "I'll keep it for another few months and see if I use it." Roughly translates to: "I'll keep it forever, never using it but forever pretending I will." You can do it!

Busy Bee believes in you.

- 3) Scenario: You walk into your home after a stressful day and immediately notice dishes piled in the sink, toys, games and books strewn across the floor, and what may feel like an explosion of "stuff" around every corner. What do you do? How does this space feel?
  - a. Ignore it. You had a stressful day, and you don't want to continue working. You deserve a break.
  - b. Let out a big sigh, set your belongings down, and start cleaning. If you don't do it now, it will never get done.
  - c. Throw your jacket and shoes right on top of the pile by the door and get on to other things. Dinner is the priority. Cleaning can come when you have more time in your life.
  - d. Moan and groan a little, sit down on the couch and stare at the mess, obsessing over how much time it will take you to return it to its peaceful state (if it's ever been that way).

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These statements each have some truth to them. You deserve a break after a long day. No one should come home from work, school or other draining activities and continue to feel the weight of the world on their shoulders.

The stress of the day should not follow you home. But who will clean it if not you? If you don't slave for hours over the mess now, you'll feel the same way tomorrow. And who has hours to clean their home? The answer is no one. There will never be "more time" in your life.

Unfortunately, busy will evolve into...more business. What is the solution?

A system. Imagine walking through the door, placing your shoes in a cubby, your bag on a hook, and feeling at peace with the state of your home.

Busy Bee does the long, strenuous system-developing for you! Busy Bee allows you to come home to a clean, peaceful space where you can take care of yourself after a long day instead of your dishes, shoe pile, overflowing coat closet and all those other endless, cycling tasks. Busy Bee develops a system where all of your belongings have a home, so that you can feel at home.

Visit Busy Bee at clutterfreebybusybee.com or @clutterfree\_by\_busybee to leave a shining review, explore the options in store for your home, and book your free consultation today.